

FEP 2.04.10 Identification of Microorganisms Using Nucleic Acid Probes

Effective Date: April 15, 2018

Related Policies:

5.01.15 IV Antibiotics Lyme Disease
2.04.127 Multitarget Polymerase Chain Reaction Testing for Diagnosis of Bacterial Vaginosis

Identification of Microorganisms Using Nucleic Acid Probes

Description

Nucleic acid probes are available for the identification of a wide variety of microorganisms. Nucleic acid probes can also be used to quantitate the number of microorganisms present. This technology offers advantages over standard techniques when rapid identification is clinically important when microbial identification using standard culture is difficult or impossible, and/or when treatment decisions are based on quantitative results.

FDA REGULATORY STATUS

A list of current U.S. Food and Drug Administration–approved or cleared nucleic acid–based microbial tests is available online.³ Table 1 lists tests approved or cleared by the Food and Drug Administration that do not have specific CPT codes.

Table 1. FDA-Approved/Cleared Tests Without CPT Codes

FDA-Approved/Cleared Diagnostic Test	Test Type
<i>Bacillus anthracis</i>	Real-time PCR
Central Nervous System Panel (FilmArray Meningitis/Encephalitis- FDA 510k)	PCR of cerebrospinal fluid
<i>Coxiella burnetii</i> (Q fever)	Real-time PCR
<i>Enterococcus faecalis</i>	PNA FISH
<i>Escherichia coli</i> and <i>Pseudomonas aeruginosa</i>	PNA FISH
<i>Escherichia coli</i> and/or <i>Klebsiella pneumoniae</i> and <i>Pseudomonas aeruginosa</i>	PNA FISH
<i>Escherichia coli</i> , <i>Klebsiella pneumoniae</i> , and <i>Pseudomonas aeruginosa</i>	PNA FISH
<i>Francisella tularensis</i>	Real-time PCR
<i>Leishmania</i>	Real-time PCR
<i>Yersinia pestis</i>	Real-time PCR
Adenovirus	Multiplex real-time RT-PCR
Avian flu	Real-time RT-PCR
Human metapneumovirus	Multiplex real-time RT-PCR
Influenza virus A/H5	Real-time RT-PCR
Influenza virus H1N1	Real-time RT-PCR
Dengue virus	Real-time RT-PCR
Gram-positive/gram-negative bacteria panel	Multiplex nucleic acid amplification

FDA: U.S. Food and Drug Administration; FISH: fluorescence in situ hybridization; PCR: polymerase chain reaction; PNA: peptide nucleic acid; RT: reverse transcriptase.

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A list of current U.S. Food and Drug Administration (FDA)-approved or cleared nucleic acid-based microbial tests is available at:
<http://www.fda.gov/MedicalDevices/ProductsandMedicalProcedures/InVitroDiagnostics/ucm330711.htm>

POLICY STATEMENT

The use of nucleic acid testing using a direct or amplified probe technique (*without* quantification of viral load) may be considered **medically necessary** for the following microorganisms (see Policy Guidelines):

- *Bartonella henselae* or *quintana*
- *Candida* species
- *Chlamydia trachomatis*
- *Clostridium difficile*
- *Enterococcus*, vancomycin-resistant (eg, *enterococcus vanA*, *vanB*)
- *Enterovirus*
- *Gardnerella vaginalis*
- Herpes simplex virus
- Human papillomavirus
- *Legionella pneumophila*
- *Mycobacterium* species
- *Mycobacterium tuberculosis*
- *Mycobacterium avium-intracellulare*
- *Mycoplasma pneumoniae*
- *Neisseria gonorrhoeae*
- Respiratory virus panel
- *Staphylococcus aureus*
- *Staphylococcus aureus*, methicillin-resistant
- *Streptococcus*, group A
- *Streptococcus*, group B
- *Trichomonas vaginalis*

The use of nucleic acid testing using a direct or amplified probe technique (*with or without* quantification of viral load) may be considered **medically necessary** for the following microorganisms:

- Cytomegalovirus
- Hepatitis B virus
- Hepatitis C virus
- HIV-1
- HIV-2
- Human herpesvirus 6
- Influenza virus

The use of nucleic acid testing with quantification of viral load is considered **investigational** for microorganisms that are not included in the list of microorganisms for which probes with or without quantification are considered medically necessary.

The use of nucleic acid testing using a direct or amplified probe technique with or without quantification of viral load is considered **investigational** for the following microorganisms:

- *Chlamydia pneumoniae*
- Hepatitis G virus
- Gastrointestinal pathogen panel

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- Central nervous system pathogen panel

POLICY GUIDELINES

It should be noted that the technique for quantification includes both amplification and direct probes; therefore, simultaneous coding for both quantification with either amplification or direct probes is not warranted.

Antibiotic sensitivity of streptococcus A cultures is generally not performed for throat cultures. However, if an antibiotic sensitivity is considered, then the most efficient method of diagnosis would be a combined culture and antibiotic sensitivity.

For uncomplicated infections, testing for only 1 candida species, *Candida albicans*, may be considered medically necessary. For complicated infections, testing for multiple candida subspecies may be considered medically necessary. The Centers for Disease Control and Prevention (2010) classifies uncomplicated vulvovaginal candidiasis as being sporadic or infrequent; or mild to moderate; or likely to be *C. albicans*; or in nonimmunocompromised women. Complicated vulvovaginal candidiasis is classified as being recurrent or severe; or not a *C. albicans* species; or in women with uncontrolled diabetes, debilitation, or immunosuppression.

In the evaluation of group B streptococcus, the primary advantage of a DNA probe technique compared with traditional culture techniques is the rapidity of results. This advantage suggests that the most appropriate use of the DNA probe technique is in the setting of impending labor, for which prompt results could permit the initiation of intrapartum antibiotic therapy.

Many probes have been combined into panels of tests. For the purposes of this policy, other than the gastrointestinal pathogen panel, central nervous system panel, and the respiratory virus panel, only individual probes are reviewed.

BENEFIT APPLICATION

Screening (other than the preventive services listed in the brochure) is not covered. Please see Section 6 General exclusions.

Benefits are available for specialized diagnostic genetic testing when it is medically necessary to diagnose and/or manage a patient's existing medical condition. Benefits are not provided for genetic panels when some or all of the tests included in the panel are not covered, are experimental or investigational, or are not medically necessary.

Experimental or investigational procedures, treatments, drugs, or devices are not covered (See General Exclusion Section of brochure).

RATIONALE

Summary of Evidence

For individuals who have suspected *C. pneumoniae* who receive a nucleic acid probe for *C. pneumoniae*, the evidence includes prospective and retrospective evaluations of the tests' sensitivity and specificity. Relevant outcomes are test accuracy and validity, other test performance measures, symptoms, and change in disease status. The body of evidence is limited. One study was identified that reported relatively high sensitivity and specificity for a polymerase chain reaction–based test. However, the total number of patients in this study was small (N=56), and most other studies were conducted in the investigational setting. In addition to the limitations in the evidence base on test characteristics, the clinical implications of these tests are unclear. The evidence is insufficient to determine the effects of the technology on health outcomes.

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For individuals who have hepatitis who receive a nucleic acid probe for hepatitis G, the evidence is lacking. Relevant outcomes are test accuracy and validity, other test performance measures, symptoms, and change in disease status. The clinical implications of this test are unclear. The evidence is insufficient to determine the effects of the technology on health outcomes.

For individuals who have signs and/or symptoms of gastroenteritis who receive nucleic acid–based gastrointestinal pathogen panel, the evidence includes prospective and retrospective evaluations of the tests' sensitivity and specificity. Relevant outcomes include test accuracy and validity, other test performance measures, symptoms, and change in disease status. The evidence suggests that gastrointestinal pathogen panels are likely to identify both bacterial and viral pathogens with high sensitivity, compared with standard methods. Access to a rapid method for etiologic diagnosis of gastrointestinal infections may lead to more effective early treatment and infection-control measures. However, in most instances, when a specific pathogen is suspected, individual tests could be ordered. There may be a subset of patients with an unusual presentation who would warrant testing for a panel of pathogens at once, but that subset has not been well defined. The evidence is insufficient to determine the effects of the technology on health outcomes.

For individuals who have signs and/or symptoms of meningitis and/or encephalitis who receive a nucleic acid–based central nervous system pathogen panel, the evidence includes retrospective evaluations of the tests' sensitivity and specificity. Relevant outcomes include test accuracy and validity, other test performance measures, symptoms, and change in disease status. Access to a rapid method that can simultaneously test for multiple pathogens may lead to the faster initiation of more effective treatment and conservation of cerebrospinal fluid. The available central nervous system panel is highly specific for the included organisms, but the sensitivity for each pathogen is not well-characterized. More than 15% of positives in the largest clinical validity study were false-positives. A negative panel result does not exclude infection due to pathogens not included in the panel. The evidence is insufficient to determine the effects of the technology on health outcomes.

SUPPLEMENTAL INFORMATION

Practice Guidelines and Position Statements

No guidelines or statements were identified.

U.S. Preventive Services Task Force Recommendations

Not applicable.

Medicare National Coverage

There is no national coverage determination (NCD). In the absence of an NCD, coverage decisions are left to the discretion of local Medicare carriers.

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POLICY HISTORY

Date	Action	Description
March 2012	New Policy	
December 2012	Update Policy	Policy updated with literature search, references updated, new information added to rationale for numerous probes. New medically necessary indication added for respiratory virus panel amplified probes.
December 2013	Update Policy	Policy updated with literature search. Candida species amplified probe changed from investigational to medically necessary. Medically necessary indication for Trichomonas vaginalis amplified probe added. References 8, 10, and 62-63 added.
December 2014	Update Policy	Policy updated with literature review. Added gastrointestinal pathogen panel as investigational to the policy statement. References 1, 27-28, 44-45 and 63-64 added.
March 2018	Update Policy	Policy updated with literature review through October 16, 2017; references updated/added. Medically necessary statement added for nonquantified nucleic acid-based testing for enterovirus, <i>Legionella pneumophila</i> , <i>Mycoplasma pneumoniae</i> , and <i>Bartonella spp</i> , and for quantified testing for human herpesvirus 6. <i>Borrelia</i> testing removed from policy. Investigational policy statement added for probes with quantification of viral load that do not meet criteria for quantification. Investigational statement added for central nervous system pathogen panel.

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